

# INDEX

Page references followed by *t* and *f* indicate tables and figures, respectively. Page references in **bold** indicate agenda items and key research questions.

## A

- AAO. *See* American Academy of Ophthalmology
- AAO-H&NS. *See* American Academy of Otolaryngology-Head and Neck Surgery
- AAOS. *See* American Academy of Orthopaedic Surgeons
- AAPM&R. *See* American Academy of Physical Medicine and Rehabilitation
- Abdominal aortic aneurysm, 102–103, **103**
- Abdominal pain, in older emergency department patients, **65**, 65–66, **70**, **76**
- Abuse
- alcohol
    - preoperative assessment, **22**
    - screening for, 63–64
  - elder, **56**, 64
- ACAS. *See* Asymptomatic Carotid Atherosclerosis Study
- Access to necessary care, **345**, 415
- ACEP. *See* American College of Emergency Physicians
- Achalasia, 133
- ACOG. *See* American College of Obstetricians and Gynecologists
- Acoustic neuroma, 209
- ACOVE (Assessing Care of Vulnerable Elders), 193
- ACS. *See* Acute coronary syndromes; American College of Surgeons
- Activities of daily living
- after hip fracture, 321
  - range of motion necessary for, **304**
  - wrist range of motion and strength necessary for, **323**
- Activities of Daily Vision Scale (ADVS), 180, 188, 190
- Acupuncture, **278**
- Acute care, transfers from, **387**
- Acute coronary syndromes, 67–69, **69**, **70**
- interventions for, **76**
- Acute illness, recovery from, **344**
- Acute pain management, postoperative, 29–32
- Acute surgery, cardiac, **168**
- Adaptive techniques, 347, 351–352
- Adolescence, and bone mass, **252**
- Adrenal malignancy, 286
- $\alpha_1$ -Adrenoceptor antagonists, for BPH, 281
- Adrenocortical hormones, 374
- Advance directives, **396**
- Adverse drug events
- associated with drug withdrawal, 381
  - postoperative, 31, 32*t*, **35**
- ADVS. *See* Activities of Daily Vision Scale
- Aerobic (endurance) exercise, 349, **353**
- AGA. *See* American Gastroenterological Association
- Age-related macular degeneration, 189–190, **190**
- Agency for Health Care Policy and Research (AHCPR), 122, 345, 355
- guideline for pressure ulcer prevention, 403
- Agency for Healthcare Research and Quality (AHRQ), 5, 122, 355
- Agenda items, 6–7. *See also specific topics*
- Aging
- biology of, 371
  - and bone fusion or fracture healing, **316**
  - and cardiac response, 149, **150**
  - and cataract extraction, **189**
  - cellular and molecular changes, 370–372, **372**
  - and cellular response to wear debris, **313**
  - homeostenosis of, 373
  - and hormone effects on cardiovascular system, **245**
  - normal musculoskeletal, 304–305
  - and perioperative care, 10–15
  - and stress response, 372–377
- Aging athletes, 304–305
- AGS-Hartford Foundation Project, 2–4
- AHCPR. *See* Agency for Health Care Policy and Research
- AHRQ. *See* Agency for Healthcare Research and Quality
- Alcohol abuse
- preoperative assessment, **22**
  - screening for, 63–64
- Alendronate, for osteoporosis, 253
- Allergic rhinitis, **213**
- Allostasis, 373–374
- Allostatic load, 373, **376**
- 5- $\alpha$ -reductase inhibitors, for BPH, 281
- Alternative medicine, 382, **382**
- Alzheimer's disease. *See also* Dementia
- estrogen replacement therapy and, 245–247, **247**
  - hearing loss and, 207–208
  - sexual dysfunction and, 288
  - smell sensitivity and, 212–213
  - visual loss and, 183
- Ambulation, early or ultra-early postoperative, **376**, 408–409

- American Academy of Ophthalmology (AAO), 3  
 Preferred Practice Pattern (PPP) for cataract, 187  
 Preferred Practice Pattern (PPP) for Comprehensive Adult Eye Evaluation, 186–187  
 Preferred Practice Pattern (PPP) for glaucoma, 190–191  
 Preferred Practice Pattern (PPP) on low vision, 193
- American Academy of Orthopaedic Surgeons (AAOS), 3  
 research priorities for falls, 357–358
- American Academy of Otolaryngology-Head and Neck Surgery (AAO-H&NS), 3
- American Academy of Physical Medicine and Rehabilitation (AAPM&R), 3
- American Cancer Society, 112  
 recommendations for prostate cancer screening, 282
- American College of Cardiology guidelines for preoperative cardiac evaluation, 17
- American College of Emergency Physicians (ACEP), 3
- American College of Obstetricians and Gynecologists (ACOG), 3, 238
- American College of Surgeons (ACS), 4  
 Major Trauma Outcome Study, 71  
 Office of Evidence-Based Surgery, 4  
 practice guidelines, 394  
 Tumor Registry, **105**
- American Gastroenterological Association (AGA), 133
- American Geriatrics Society (AGS), 2  
 official relationships with specialty societies, 3–4  
 research priorities for falls, 357–358  
 Section for Surgical and Medical Specialties, 3, 4
- American Heart Association guidelines for preoperative cardiac evaluation, 17
- American Society of Anesthesiologists (ASA), 3, 86  
 Physical Status Score (ASA-PS), 384  
 practice guidelines, 394
- American Urological Association (AUA), 3, 275
- Americans with Disabilities Act, 342
- Amputation, 304, 356
- Anabolism, **34**
- Analgesia  
 adverse drug events, 31, 32*t*  
 as-needed, **35**  
 complications, **35**  
 and functional outcomes, **38**  
 nonopioid adjunctive drugs, **35**  
 oligoanalgesia, 60  
 patient-controlled, 30–31, **35**, 381, **382**  
 postoperative, **39**  
 regimes for elderly patients, **35**  
 route of administration, 31  
 scheduled dosing, **35**  
 strategies for, **38**  
 in surgical patients, **35**
- Androgen replacement  
 in elderly women, **235**  
 short-term, **376**
- Anesthesia, geriatric, 9–52  
 chronic pain therapy and, **38**  
 intraoperative management, 22–28  
 key research questions, **39–40**  
 literature review methods, 9  
 physiologic management, 25–26  
 postoperative management, 28–36  
 regional versus general, 23–25, 24*f*  
 requirements for, 14, 15*f*  
 risk assessment, 16–17
- Aneurysm, abdominal aortic, 102–103, **103**
- Angina, 67–68  
 Seattle Angina Questionnaire, 166
- Angiogenesis, **372**
- Angiographic procedures, **28**
- Angioplasty, **155**  
 Bypass Angioplasty Revascularization Investigation (BARI) trial, 151  
 coronary artery bypass grafting after, **155**  
 in octogenarians, 164, **165**, **166**  
 percutaneous transluminal coronary angioplasty (PTCA), 148, 151, **165**, **166**  
 risks of reintervention, **155**
- Ankle  
 arthritis of, 317  
 degenerative disease of, 316–317, **317**  
 fractures of, 316  
 total arthroplasty, 317
- Ankle fusion, 317
- Ankle reconstruction, **317**
- Antagonistic pleiotropy, 370–371
- Antibiotic therapy  
 adverse drug events, 31, 32*t*  
 postoperative, **27**, **34**  
 preoperative, **27**  
 for urinary tract infections, **280**
- Anticholinergic drugs, **278**
- Anticoagulation  
 adverse drug events, 32*t*  
 with mechanical valvular prostheses, **157**  
 perioperative termination of, **27**
- Antineoplastics, 32*t*
- Antiplatelet therapy, **26**
- Antipsychotics, 32*t*
- Antithrombotic therapy, **26**
- Aortic dissection, 159–160, **159–160**
- Aortic surgery, 18, 19*f*

- Aortic valve replacement, 156  
 minimally invasive techniques, **157–158**  
 in octogenarians, 164  
 quality of life after, 167
- APDS. *See* Association of Program Directors in Surgery
- Apoptosis, 371, **372**
- Arrhythmias, **161**
- Arterial grafts, **159**
- Arthritis. *See* Osteoarthritis
- Arthroplasty  
 hemiarthroplasty, 310  
   for femoral neck fractures, 320  
   functional outcomes in, **314**  
   for hip fracture, 319, **322**  
   for proximal humerus fractures, 324–325  
 total ankle, 317  
 total hip, 307, 308  
   for femoral neck fractures, 320  
   preoperative testing, 18, 19–20, 19*f*  
   surgical approaches, **313**  
 total knee, 309, **313, 314**  
 total shoulder, 310, **314**
- Arthroscopy, **313**  
 for knee and shoulder injuries, **305**  
 of osteoarthritic knee, 309
- ASA. *See* American Society of Anesthesiologists
- Aspiration  
 perioperative, **27–28**  
 perioperative with dementia, **396**  
 postoperative, 29, **34**
- Aspirin, **245**
- Assessment  
 of abuse, **56**  
 clinical outcomes, 383–390  
 comprehensive, 60–61  
 in emergency department, 60–64  
 of home environment, **56**  
 lung cancer, **121**  
 neurobehavioral, **163**  
 preoperative, 15–22, **22, 39**  
 of visual loss, 178–180, **180**
- Assessment instruments  
 HRQOL measures, 180, 410, **410, 411**  
 for lung cancer, **121**  
 for pain, **35, 38**  
 quality-of-life instruments targeting  
   vulvovaginal conditions, **233**  
 for urinary incontinence, **277**
- Assistive devices, **353**  
 for arthritic and musculoskeletal conditions,  
   **358**  
 cardiac, **150**
- Assistive technology, **345**, 351–352
- Association of Program Directors in Surgery (APDS), 3
- Asymptomatic Carotid Atherosclerosis Study (ACAS), 99
- Atherosclerotic disease  
 Asymptomatic Carotid Atherosclerosis Study (ACAS), 99  
 of lower extremities, 100–101  
 vascular, 99
- Athletes, aging, 304–305
- Atlantic Philanthropies, 4
- Atrial arrhythmias, postoperative, **161**
- Attitude, in rehabilitation, **345**
- AUA. *See* American Urological Association
- Auditory brain-stem response (ABR) testing, 205–206
- Auditory rehabilitation measures, **410**
- Auditory system, 203–210
- Axillary lymph node dissection, 89, **91**
- B**
- Bacillus-Calmette-Guérin, for bladder cancer, 285
- Bacteruria, asymptomatic, 278–280, **280**
- Bailey-Lovie logMAR, 178
- Balance. *See also* Falls  
 foot and ankle problems and, 317, **317**  
 limb shortening and, **321**  
 total knee arthroplasty and, **314**  
 treatment of age-related problems, 211–212
- Balance disorders, 210–212  
 targeted treatment, **219**
- Balance exercise, 349
- Baltimore Longitudinal Study of Aging, 204, 245, 282
- BARI trial. *See* Bypass Angioplasty Revascularization Investigation trial
- Barrett's cancer, 125
- Beaver Dam Eye Study, 178, 181, 182
- Behavioral Risk Factor Surveillance System (BRFSS), 237
- Behavioral therapy  
 for postoperative depression, **405**  
 for urinary incontinence, 277
- Benign esophageal disease, 133–134
- Benign lung diseases, 122–123
- Benign paroxysmal positional vertigo (BPPV), 211
- Benign prostatic hyperplasia, 280–282  
 needed research in, 284  
 phytotherapy for, 281, **285**  
 surgery for, 281, 284, **285**
- $\beta$ -Blockers, in elderly surgical patients, **26**
- Biliary disease, 97–98, **98**
- Binocular inhibition, 189
- Biobehavioral therapy for urinary incontinence, 273–274, 277
- Biology of aging, 371
- Bisphosphonates, **251–252**, 253–254, **254**

- Black Americans, and cervical cancer screening, 237
- Bladder cancer, 285, 286
- Bladder neck suspension  
for female stress incontinence, 275–276  
longevity, **278**
- Bleeding diathesis, postoperative, **35**
- Blindness, legal, 179
- Blood cell counts, preoperative, 19–20
- Blood transfusions, perioperative, **27**
- Blue Mountains Eye Study, 184
- Blunt trauma, 74, **75, 76**
- Bone  
implant fixation in, **325**  
medications that reduce resorption of, **254**  
medications that stimulate formation of, **254**  
strategies to augment healing of, **316**
- Bone fusion, **316**
- Bone insufficiency, 317–318
- Bone loss, 317
- Bone mass, peak, **252**
- Bone matrix, **252**
- Bone mineral density, 320
- Bone void filler, 322
- BPH. *See* Benign prostatic hyperplasia
- Bradycardia, postoperative, **35**
- Brain Resuscitation Clinical Trials data, 69
- Breast cancer, 88–91  
Collaborative Group on Hormonal Factors in Breast Cancer, 248  
estrogen replacement therapy and, 248, 249, **249**  
recent research findings, 90  
selective estrogen receptor modulators and, 248, **249**  
therapy of, **91**
- Breast cancer screening, 239–241
- Breast density, mammographic, **241**
- Breast reconstruction, 90
- BRFSS. *See* Behavioral Risk Factor Surveillance System
- British Geriatrics Society research priorities for falls, 357–358
- British Journal of Cancer*, 216–217
- Bypass Angioplasty Revascularization Investigation (BARI) trial, 151
- Bypass surgery  
cardiopulmonary, **154, 155, 160, 163**  
coronary artery, **149–150, 150–154, 154, 155**  
changing pattern of patients undergoing, 147–148  
complications of, 160  
neurobehavioral changes after, 163, **163**  
in octogenarians, 163–165, **165–166**  
on- and off-pump, 154, **155, 159**  
quality of life after, 167  
reoperative, 158, **158–159**  
stroke after, 162, **163**  
summary, 168  
distal, 101  
lower-extremity, 100–101, **102**
- C**
- CABG. *See* Coronary artery bypass grafting
- Cache County Study, 245
- CAGE questionnaire, 61–62, 63–64
- Calcium supplements, 252–253, **253**
- CAM. *See* Confusion Assessment Method
- Cambodians, 237
- Cancer  
bladder, 285, 286  
breast, 88–91, **91, 239–241**  
cervical, 236–239, **239**  
colorectal, 95–96, **96**  
esophageal, 123–133, **132**  
estrogen replacement therapy and, 247–249  
gastric, 92–94, **94**  
head and neck, 216–218, **218, 219**  
lung, 112–121, **121**  
pancreatic, 98, **99**  
pharyngeal, **218**  
prostate, 282–284, **285**  
tongue, **218**  
vaginal, **239**  
vulvar, 233, **234**
- Capnography, 28–29
- Capsaicin, 307
- Cardiac assist devices, **150**
- Cardiac care patterns, **149**
- Cardiac complications, intraoperative, **26**
- Cardiac rehabilitation, 356, **358**
- Cardiac surgery, geriatric, 147–176. *See also specific procedures*  
areas of investigation, **154–155**  
changing pattern of patients undergoing, 147–150  
complications, 160–161, **161**  
exclusion criteria for, **168**  
functional outcomes, **169**  
geriatric pathways, **149**  
key research questions, **169–170**  
length of hospital stay after, **150**  
literature review methods, 147  
minimally invasive techniques, **161**  
neurobehavioral assessment tools after, **163**  
neurocognitive deficits after, **169–170**  
neurologic deficits and, 162–163  
octogenarian patients, 163–166, **165–166**  
perioperative care, **170**  
physiologic management, 25  
predictive models, **150**  
quality of life after, 166–168, **168**  
reoperative, 158–159  
risk factors for stroke in, **163**  
risk profiles, **149**

- stroke and, 162–163, **169–170**
- total costs, **149**
- Cardiac transplantation, 148–149
- Cardiopulmonary arrest, 69–70, **70**
- Cardiopulmonary bypass
  - CABG with and without, **163**
  - complications, 160
  - techniques for, **154, 155**
- Cardiopulmonary function, preoperative, 390
- Cardiovascular drugs, 32*t*
- Cardiovascular Health Study, 245
- Cardiovascular system
  - and estrogen replacement, 241–245, **244–245**
  - hormone effects on, **245**
  - intraoperative complications, **26–27**
  - and perioperative care, 11
- Care delivery models, 413–419
- Caregivers, **345**
  - identification of unfulfilled needs by, **416**
  - surgical treatment and, **168**
- Carotid disease screening, **100**
- Carotid endarterectomy, 99, 100, **100**
  - CABG preceded by, **163**
  - regional versus general anesthesia for, 25
- Catabolism, postoperative, **34**
- Cataract, 187–189
- Cataract surgery, 188–189
  - functional outcomes, **189**
  - preoperative testing, 20
- Catecholamines, 374
- Catheter-based interventions for coronary artery disease, **149–150**
- Celecoxib, 306–307. *See also* COX-2 inhibitors
- Cellular senescence, 371, **372**
- Cementless components, in total hip replacement, **313**
- Center for Medicare and Medicaid Services, **105, 122**
- Centers for Disease Control and Prevention, 238
  - definition of health-related quality of life, 407
  - discharge statistics, 122
- Central auditory testing, **210**
- Cerebral protection techniques, **160**
- Cerebrovascular disease, 99–100, **100**. *See also* Stroke
- Cerumen impaction, 204
- Cervical cancer screening, 236–239, **239**
- Cervical-spine decompressive surgery, 316
- Cervical spondylotic myelopathy, 315
- Cesarean section, and pelvic organ prolapse, **231**
- Chest pain, 67–68
  - Seattle Angina Questionnaire, 166
- Chest x-ray, preoperative, 18–19, 19–20
- Childbirth delivery routes, and pelvic organ prolapse, **231**
- Cholecystectomy, 97
  - laparoscopic, 97–98
  - open, 98
  - outpatient or short-stay vs longer hospital stay, **98**
- Chronic disease, perioperative management of, **382**
- Chronic obstructive pulmonary disease, 122
  - CABG in, 153–154
  - lung volume reduction procedures for, **123**
- Chronic pain, 36–37, **37–38**
  - and sexual dysfunction, 287
- Clinical outcomes assessment, 383–390
- Clinical pathways
  - for cardiac surgery, **149**
  - perioperative, 400–407
- Cochlear implantation, **210**
- Cognitive impairment
  - delirium and, **405**
  - educational strategies for partners of patients with, **236**
  - in emergency department, 57–58, **58**
  - fall-prevention interventions in, **359**
  - and length of stay, 386
  - management of, **58**
  - measures of, **404**
  - pain assessment in, **35, 38**
  - pain management in, **35, 38**
  - postoperative, 32–34, 381, **405**
  - preoperative assessment, **22**
  - screening tests for, **58**
- Cognitive status
  - estrogen replacement and, **247**
  - in gynecologic surgery, **227**
- Colectomy, elective, 96
- Collaborative Group on Hormonal Factors in Breast Cancer, 248
- Colon cancer
  - estrogen therapy and, 247–249, **249**
  - screening for, **249**
- Colorectal cancer, 95–96, **96**
- Colorectal disease, 94–96, 96
- Commission on Accreditation of Rehabilitation Facilities, 345
- Communication, **55**
  - among care settings, **416**
  - of drug regimens to primary care physicians, **35**
  - problems, **416**
- Complementary (alternative) medicine, 382, **382**
- Complementary therapy
  - for urge or mixed urinary incontinence, **278**
  - for urinary incontinence, 274
- Compliance with recommendations, **62**
  - lack of, **416**
- Comprehensive eye evaluation and screening, 186–187

Comprehensive geriatric assessment, 60–64, **62**  
 Compression fractures, vertebral, 323–324  
 Compression hip screws, 319  
 Computed tomography screening, for cancer, **121**  
 Computer-assisted decision support systems, **60**  
 Confusion. *See also* Delirium; Dementia  
   chronic pain therapy and, **38**  
   postoperative, **35**  
 Confusion Assessment Method (CAM), 33, 401  
   in emergency department care, 57–58  
   serial testing with, **35**  
 Congestive heart failure  
   cardiac assist devices for, **150**  
   etiology, **150**  
   surgery for, 148–149  
 Consent for resuscitation, **396**  
 Constipation  
   chronic pain therapy and, **38**  
   postoperative, **35**  
 Constraint therapy, 350  
 Continuity of care, 415, **416**  
 Coordination of care  
   postoperative, 414  
   postoperative drug regimens, **35**  
   strategies that foster, **416**  
 Coping strategies in rehabilitation, **345**  
 Coronary angioplasty, percutaneous transluminal (PTCA), 148, 151  
   in octogenarians, **165, 166**  
 Coronary artery bypass grafting, **149–150**, 150–154, **154**  
   after angioplasty, **155**  
   benefit predictors, **155**  
   with cardiopulmonary bypass, **163**  
   after carotid endarterectomy, **163**  
   changing pattern of patients undergoing, 147–148  
   complications, 160, 161  
   conduit use, **155**  
   minimally invasive techniques, 154, **155**  
   neurobehavioral changes after, 163, **163**  
   in octogenarians, 163–165, **165, 166**  
   on- and off-pump, 154, **155, 159**  
   operative mortality, 385  
   quality of life after, 167  
   reoperative, 158, **158, 159**  
   risk factors, **155**  
   stroke after, 162, **163**  
   summary, 168  
 Coronary artery disease, 150–155, **155**, 168  
   catheter-based interventions versus CABG for, **149–150**  
   changing pattern of patients undergoing surgery for, 147–148  
   recurrent, **158**  
 Coronary stents, 152  
 Cortisone, for degenerative joint disease, 307

Cost-effectiveness  
   of assistive technology, **345**  
   of cardiac surgery, **149**  
   of cervical cancer screening, 237, 238  
   of disability treatment, **343**  
   of falls-prevention strategies, **359**  
   of fracture treatment, 318  
   of interdisciplinary teams, **416**  
   of medications for frail elderly women, **254**  
   of reducing environmental hazards, **181**  
   of surgical care, 86  
   of transfers from acute-care facilities to other health-care facilities, **387**  
   of vision screening, **187**  
   of vision stabilization or improvement, **191**  
 COX-2 inhibitors  
   celecoxib, 306–307  
   effects on fracture healing, tissue healing, and bony ingrowth, **313**  
   for esophageal cancer, 125  
   for osteoarthritis, 306  
   rofecoxib, 306–307  
 Cranberry juice, and UTIs, 279–280  
 Cross-cutting issues, 369–419  
 Cryoablation, in liver-directed therapy, **97**  
 Cumulative Illness Rating Scale, 354

## D

Day surgery, 28–29  
 Deconditioning, 357  
 Deep-vein thrombosis. *See also* Thromboembolism  
   in joint replacement surgery, 310–312  
   perioperative clinical pathways, 400  
   prophylaxis, **404**  
   prophylaxis after total joint replacement or hip fracture, **314**  
 Degenerative disease  
   of foot and ankle, 316–317, **317**  
   of joints, 306–307, **312–314**  
     surgical treatment of, 307–314  
   of spine, 315–316, **316**  
 Dehydroepiandrosterone, 374, **376**  
 Delirium  
   biochemical basis for, **404**  
   and cognitive decline, **405**  
   drug therapy, **404**  
   in emergency care, 57–58, **58**  
   and length of stay, 386  
   and perioperative aspiration, **396**  
   postoperative, 32–34, **35**  
     anti-delirium strategies for, **396**  
     with dementia, **396**  
   after hip fracture treatment, 320  
   after outpatient surgery, **404**  
   perioperative clinical pathways, 401–402  
   predisposing and precipitating factors, **404**  
   risk factors, **35**



- prevention of, **36, 404**
  - undiagnosed, 57–58, **58**
  - vision treatments and, **186**
  - visual improvement or stabilization and, **194**
  - visual loss and, 183, **186**
  - Delivery of care models, 413–419
  - Delivery routes, and pelvic organ prolapse, **231**
  - Dementia
    - in emergency care, 57–58, **58**
    - hearing loss and, 207–208
    - with postmenopausal hormone use, **247**
    - with postoperative delirium, **396**
    - preoperative diagnosis of, **35**
    - quality-of-life instruments in, **410**
    - sexual dysfunction and, 288
    - visual improvement or stabilization and, **194**
    - visual loss and, 183, **183**
  - Depression
    - postoperative, 402, **405**
    - preoperative assessment, **22**
    - screening for, 63
    - visual improvement or stabilization and, **194**
    - visual loss and, 182–183, **183, 186**
  - Detrusor hyperactivity with impaired contractility, 272
  - Diabetes Control and Complications Trial, 192
  - Diabetes drugs, 32*t*
  - Diabetic control, **192–193**
  - Diabetic macular edema, **192–193**
  - Diabetic retinopathy, 191–193, **192–193**
    - early treatment diabetic retinopathy study (ETDRS) chart, 178
    - proliferative, **192–193**
  - Diabetic Retinopathy Study, 192
  - Digital rectal examination, 282, **285**
  - Disability, **344**
    - aerobic exercise and, **353**
    - causes of, **343**
    - conceptual framework for, 339
    - development in elderly persons, **359**
    - diagnostic methods, **343**
    - key outcomes for measurement, **358**
    - risk factors, **345, 358**
    - societal effects, **344–345**
    - timing of treatment for, **344**
    - treatment costs, **343**
    - treatment patterns, **360**
  - Discharge instructions, emergency department, **60**
  - Distal bypass, 101
  - Distal femur fractures, comminuted, **314**
  - Diverticular disease, 94–95, **96**
  - Diverticulitis, 94
  - Diverticulosis, 94
  - Dizziness
    - etiology, 210–211
    - evaluation and treatment, **212**
    - targeted treatment, **219**
  - DNR orders. *See* Do-not-resuscitate orders
  - Do-not-resuscitate (DNR) orders, 392, 394
  - Domain Management Model, 415
  - Donors, kidney, older adults as, 290–291
  - Driving impairment
    - vision loss and, 184–186, **185–186**
    - visual improvement or stabilization and, **194**
  - Drug abuse, 380–381, **382**
  - Drug-ethanol interactions, **382**
  - Drug regimens. *See also* Medications; Pharmacotherapy
    - communicating to primary care physicians, **35**
    - simplifying, **35**
  - Drug withdrawal, 381, **382**
  - Duke Activity Status Index, 167
  - Duke Established Populations for Epidemiologic Studies of the Elderly, 245, 380
  - DVT. *See* Deep-vein thrombosis
  - Dyspareunia secondary to urogenital atrophy, **236**
  - Dysphagia, 133, 214, **215**
- ## E
- Early Lung Cancer Action Project, 114
  - Early treatment diabetic retinopathy study (ETDRS) chart, 178
  - Education
    - of elderly patients, **358**
    - for partners of cognitively impaired patients, **236**
    - preoperative, 394–395, **397**
    - to reduce inappropriate medications, **60**
  - Elder abuse, **56, 64**
  - Elder Protection Service, 64
  - Elderly drivers
    - mandatory vision screening of, **185**
    - traffic accidents by, **185, 186, 194**
    - vision loss in, 184–186, **185–186**
    - visual improvement or stabilization in, **194**
  - Elderly Lung Cancer Vinorelbine Italian Study (ELVIS), 114
  - Elective surgery
    - cardiac, **168**
    - nutritional supplementation for, **396**
    - survival rates, 86
  - Electrical stimulation, for fracture healing, **321**
  - Electrocardiography, preoperative, 19
  - Electrolytes
    - adverse drug events, 32*t*
    - management of, in surgical patients, **396**
    - preoperative, 19–20
  - ELVIS. *See* Elderly Lung Cancer Vinorelbine Italian Study
  - Emergency department (ED) care. *See also* Emergency medicine
    - discharge instructions, **60**

- environment of, **55**, 55–56
- family caregiving and, **416**
- micro-environment of, **55**, **56**
- patterns of use, 54–55, **55**
- process alterations, 75–76
- Emergency medical service (EMS), 56
- Emergency medicine, geriatric, 53–83
  - for cognitive impairment, 57
  - comprehensive assessment, 60–64
  - comprehensive screening of older patients, **62**
  - functional assessment, 58–59, **59**
  - for functional impairment, **59**
  - general geriatric emergency care, 54–60
  - identification of high-risk patients, **104**
  - immunization programs, **67**
  - key research questions, **75–76**
  - literature review methods, 53–83
  - medication use, 59–60
  - patterns of emergency department use, 54–55, **55**
  - quality of care of older patients, **55**
  - screening, 60–64, **64**
  - specific clinical syndromes, 65–75
  - surgery for peptic ulcer disease, **93**
  - surgical procedures, **87**
- Emphysema, 122
- Empyema, 122–123, **123**
- End-stage renal disease, 269
- Endocrine disease, 87–88
- Endocrine response, 374–377
- Endovascular repair, **103**
- Endovascular therapy, **101**
- Endurance exercise, 349
- Enoxaparin, after joint replacement, 311–312
- Environment
  - emergency department, **55**, 55–56
  - risk factors for disability, **345**
- Environmental hazards, **181**
- EORTC. *See* European Organization for Research and Treatment of Cancer
- Epidemiology, of surgical outcomes, **21**
- Equipment, rehabilitation, 347
- Errors, **415**, **416**
- Erythropoietin therapy, perioperative, **27**
- Esophageal cancer, 123–133
  - chemoprevention, **132**
  - surgery for, 125–126, **132**
- Esophageal disease, benign, 133–134
- Esophageal dysplasia, **132**
- Esophageal resection, 125, 130
- Esophagectomy, 125–131, **132**
  - minimally invasive, 127, **132**
- Established Populations for the Epidemiologic Studies of the Elderly, 184
- Estrogen-progestin replacement therapy, 242
  - and Alzheimer's disease, 246
  - and breast cancer, 248, **249**
  - and cognition, **247**
  - cognitive detriment with, **247**
  - Heart and Estrogen/progestin Replacement Study (HERS), 237–238
  - long-term, **251**
  - selection of older women for initiation or continuation of, **255**
  - stratified results, **249**
- Estrogen replacement therapy, 241–249
  - and Alzheimer's disease, 245–247, **247**
  - and breast cancer, 248, 249, **249**
  - and cancer, 247–249
  - cardiovascular benefits and risks, **244–245**
  - and cardiovascular disease, 241–245, **244–245**
  - cardiovascular effects, **245**
  - and cognition, **247**
  - and colon cancer, 248, 249, **249**
  - Heart and Estrogen/progestin Replacement Study (HERS), 242
  - low-dose, **251**
  - mammographic density related to, **241**
  - neuroprotective effects, **247**
  - oral, **235–236**
  - for osteoporosis, **251–252**
  - and perioperative morbidity, **228**
  - postmenopausal, **249**
    - dementia associated with, **247**
    - long-term, **247**
  - quality of data, 242, 245–246, 247–248
  - quality of life with, **251**
  - results, 242–244, 246
  - selection of older women for initiation or continuation of, **255**
  - and sexual function in older women, **235–236**
  - short-term, **376**
  - stratified results, **245**, **247**
  - synergy with fracture-prevention interventions, **251**
  - transdermal, **235–236**
  - and urogenital symptoms, **233**
  - vaginal, 279
- Estrogen status, **227**
- Estrogen therapy, 242
  - after breast cancer treatment, **249**
  - and colon cancer, **249**
  - dosage, 242, 243–244
  - and gynecologic surgery, **228**
  - long-term, **251**
  - for osteoporosis, 250–251
  - and pelvic organ prolapse surgery, **231**
  - postmenopausal, **249**
  - quality of data, 242
  - results, 242–243
  - stratified results, **249**
  - thrombogenic effects, **245**
  - transdermal, 251
  - and urogenital symptoms, **233**



Estrogens  
 esterified, 251  
 modified, 247–249  
 ETDRS chart. *See* Early treatment diabetic retinopathy study chart  
 Ethanol-drug interactions, **382**  
 Ethical issues, 392–394  
 Etidronate, for osteoporosis, 253, 254  
 European Carotid Surgery trial, 99  
 European Organization for Research and Treatment of Cancer (EORTC), 129  
 EuroQol measure, 409  
 Eustachian tube dysfunction, 205, **205**  
 Evidence-based medicine, 414  
 Office of Evidence-Based Surgery (ACS), 4  
 in perioperative care, **415**  
 Exercise  
 aerobic (endurance), 349, **353**  
 for arthritic and musculoskeletal conditions, **358**  
 balance, 349  
 benefits of, 307, 347–348, **353**  
 combinations of treatments, **353**  
 comparison of types, 351  
 flexibility, 350  
 functionally based, 350–351  
 habituation, 349  
 modes of delivery, **353**  
 for osteoarthritis, 354, 355, **358**  
 for osteoporosis, 354–355  
 pelvic floor muscle, **231**  
 for prevention of falls, **359**  
 resistance, 348–349  
 resistive, **353**  
 task-specific, 350  
 types of, 347–348, **353**  
 Exercise-based cardiac rehabilitation, **358**  
 Exercise programs, 347  
 External auditory canal diseases, 204  
 Extracorporeal shock-wave lithotripsy, 289  
 Extremities, normal range of motion of, **304**  
 Eye disorders, 187–193  
 Eye evaluation, comprehensive, 186–187

## F

FACT-L. *See* Functional Assessment of Cancer Therapy-Lung  
 Faculty Development and Residency Training Outreach Program, 4  
 Falls, 409. *See also* Balance  
 assessment of home environment and, **56**  
 bone insufficiency and, 317–318  
 chronic pain therapy and, **38**  
 emergency department management of, 66  
 hip or knee osteoarthritis and, **313**  
 joint replacement surgery and, **313**  
 low-vision rehabilitation and, **181**  
 ocular disorders and, **181**

polypharmacy and, **35**  
 postoperative, **35, 405**  
 research priorities, 357–358  
 risk factors for, **313, 403, 405**  
 visual improvement or stabilization and, **194**  
 visual loss and, 180–181, **181**  
 Falls prevention, 402–403, **405**  
 programs, **66**  
 rehabilitation interventions, 357–358, **359**  
 strategies, **318**  
 Family caregiving, 413, **416**  
 Feeding, postoperative, **34**  
 Female sexual dysfunction, 287, 289, **289**  
 Female stress incontinence, 275–276  
 Femoral fractures, **314, 319, 320**  
 Fever, in older emergency department patients, **67, 70**  
 Fibrinolytic therapy, intrapleural, 122–123  
 FIM. *See* Functional Independence Measure  
 FIT. *See* Fracture Intervention Trial  
 Flexibility exercise, 350  
 Fluid management  
 preoperative, 391–392  
 before surgery, **27–28**  
 in surgical patients, **396**  
 Follow-up, **62**  
 Folstein Mini-Mental Status Examination (MMSE), 208, 401  
 in emergency department care, 57, 58  
 Food and Drug Administration (FDA), 274  
 Foot deformity, **317**  
 Foot disease  
 degenerative, 316–317  
 fungal, **317**  
 Foot reconstruction, 317, **317**  
 Fracture healing, **326**  
 aging and, **316**  
 COX-2 inhibitors and, **313**  
 electrical stimulation and, **321**  
 strategies to augment, **316**  
 ultrasound and, **321**  
 Fracture Intervention Trial (FIT), 253  
 Fractures, 318  
 of ankle, 316  
 comminuted distal femur, **314**  
 of hip, 318–322  
 deep-vein thrombosis prophylaxis after, **314**  
 outcomes after surgery, 17, 17*t*  
 total knee arthroplasty and, **314**  
 literature review methods, 304  
 low-dose estrogen replacement therapy and, **251**  
 optimization of outcomes, **326**  
 periprosthetic, 312, **313**  
 protective factors, **314**  
 risk factors for, **314**  
 postoperative mortality, 385

prevention interventions, **251**  
of proximal humerus, 324–325, **325**  
SERMs after age 75 and, **252**  
of spine, 318, 323–324  
total joint replacement treatment of, 318, **318**  
vertebral compression, 323–324  
of wrist, 318, 322–323

Frailty  
rehabilitation treatment of, 357  
untreated vulvovaginal symptoms in, **234**

Framingham study, 203, 204, 207, 208

Function overall. *See also* Functional outcomes  
low-vision rehabilitation and, **184**  
visual loss and, 184

Functional assessment  
in emergency department care, 58–59, **59**  
preoperative, 17–18, **22**

Functional Assessment of Cancer Therapy-Lung  
(FACT-L), 114

Functional decline  
assessment of home environment in, **56**  
cataract surgery and, 188–189  
vision loss and, **184**

Functional impairment  
in older emergency department patients, **59**  
visual improvement or stabilization and, **194**

Functional Independence Measure (FIM), 354, 386

Functional outcomes, 384–385, **387**. *See also*  
Function overall; Independence  
analgesia and, **38**  
in cardiac surgery, **169**  
in cataract surgery, **189**  
in diabetic retinopathy, **192–193**  
early identification and treatment of risk  
factors and, **387**  
in glaucoma, 190, **191**  
in gynecologic surgery, **227, 254–255**  
in hemiarthroplasty, **314**  
in hospitalization, 385  
low-vision therapy and, **193**  
measures of, 384–385  
multisensory loss and, **182**  
ocular disorders and, **182**  
postoperative cognitive decline and, **404**  
preoperative interventions to enhance, **396**  
preoperative predictors, **387**  
in rotator cuff surgery, **314**  
in shoulder disease, **314**  
in total shoulder replacement, **314**  
in trauma, 73  
visual loss and, 179–180

Functional problems, 408–412

Functional reserve, 10, 10*f*

Functional urinary incontinence, 272

Functional visual impairment, **195**

Fungal disease, of foot, **317**

## G

Gait  
foot and ankle problems and, 317, **317**  
limb shortening and, **321**  
total knee arthroplasty benefits, **314**

Gamma nails, in hip fracture treatment, 319

Gastrectomy, 93

Gastric cancer, 92–94, **94**

Gastric disease, 93

Gastric resection, 93

Gastroesophageal reflux disease  
recent research findings, 93  
surgery for, 91–92, 133–134, **134**

Gastrointestinal procedures, emergency, 86

Gellhorn pessaries, 230

Gene therapy, for inoperable coronary artery  
disease, 154

General surgery, geriatric, 85–109. *See also*  
*specific disorders, procedures*  
key research questions, **104–105**  
literature review methods, 85

Genitourinary disorders, 270–292, **293**

Genitourinary malignancies, 285–286

Geriatric Depression Scale, 61–62, 63

Geriatric Emergency Medicine Task Force, 55

Geriatric teams. *See also* Interdisciplinary teams  
referral to, **62**

Geriatric trauma survival score, 72

Geriatrics Education for Specialty Residents  
(GESR) program, 4

Geriatrics for Specialists project. *See* Increasing  
Geriatrics Expertise in Surgical and Related  
Medical Specialties

*Geriatrics Syllabus for Specialists*, 4

GESR program. *See* Geriatrics Education for  
Specialty Residents program

“Get Up and Go”; test, 403

Glasgow Coma Scale, 57, 72, 73

Glaucoma, 190–191, **191**

Glenohumeral joint change, degenerative, 310

Goldman Cardiac Risk Index, 227

Gonadal steroids, and surgical stress, 375

Graft materials, **323**

Grafts. *See also* Coronary artery bypass grafting  
arterial, **159**  
saphenous vein, **155**

Growth hormone  
pituitary, 375  
short-term replacement, **376**

Gynecologic surgery, **227**  
cognitive status, **227**  
comorbidities, **227**  
epidemiology, 226  
estrogen status, **227**  
estrogen therapy and, **228**  
functional outcomes, **227, 254–255**

- guidelines for selecting candidates, **228**
  - interventions for reducing risks in, **227**
  - morbidity and mortality, 226–227
  - perioperative management, 225–228
  - quality of data, 226
  - quality-of-life outcomes, **227, 228**
  - results, 226–227
  - risk factors for complications, **227**
  - risks, **228**
  - stratified outcomes, **227**
  - summary, 227
  - Gynecology, geriatric, 225–267. *See also*
    - specific disorders, procedures*
    - key research questions, **254–255**
    - literature review methods, 225
    - nonsurgical management, **227**
- H**
- Habituation exercises, 349
  - Hallux valgus, 316
  - John A. Hartford Foundation, 2
  - Geriatric Emergency Medicine Task Force, 55
  - Jahnigen Career Development Award program, 4
  - official relationships with specialty societies, 3–4
  - Head and neck cancer, 216–218, **218, 219**
  - Health Care Financing Administration (HCFA), 122
  - Health Care Utilization Project, 131–132
  - Health-related quality of life, 407–412
    - definition of, 407
    - diabetic retinopathy and, **192**
    - incontinence and, **411**
    - postoperative sleep disturbances and, **410**
    - targeted interventions for, **416**
    - visual impairment and depression and, **183**
  - Health-related quality-of-life (HRQOL)
    - measures, 180, 384, 407–408, **410**
    - barriers to application of results, 410
    - condition-specific instruments, **411**
    - procedure-specific assessments, 410
    - questions about sexuality, **410**
  - Hearing aids, 203–204
    - bilateral versus unilateral, **209**
    - in-the-canal, 208
  - Hearing loss
    - and Alzheimer's disease, 207
    - and dementia, 207–208
    - epidemiology, 203–204
    - eustachian tube dysfunction and, 205, **205**
    - high-frequency, 204
    - ocular disorders associated with, **182**
    - patient-based outcomes measures of, **210**
    - sensorineural, 205–210, **210**
    - unilateral versus bilateral, **205**
    - visual loss and, 182
  - Hearing measures, in elderly surgical patients, **410**
  - Hearing-related quality of life, **218**
  - Hearing tests, **209, 210**
  - Heart and Estrogen/progestin Replacement Study (HERS), 237–238, 242
  - Heart failure, congestive
    - cardiac assist devices for, **150**
    - etiology, **150**
    - surgery for, 148–149
  - Heart valve surgery, 155–158, **159**
  - HELP. *See* Hospitalized Elderly Longitudinal Project
  - Hematocrit, intraoperative, **26**
  - Hemiarthroplasty, 310
    - for femoral neck fractures, 320
    - functional outcomes in, **314**
    - for hip fracture, 319, **322**
    - for proximal humerus fractures, 324–325
  - Hepatic artery infusion, in liver-directed therapy, **97**
  - Herpes zoster, in geriatric population, **37**
  - HERS. *See* Heart and Estrogen/progestin Replacement Study
  - Hip disease, degenerative, 307–308
  - Hip fracture rehabilitation, 356, **358**
  - Hip fracture surgery
    - hemiarthroplasty, 319, **322**
    - length of stay for, 386
    - outcomes, 17, 17*t*
    - physical therapy after, **358**
    - postoperative restrictions on ambulation, **358**
    - risk factors for, **321**
  - Hip fractures, 318–322
    - clinical management strategies, **321**
    - deep-vein thrombosis prophylaxis after, **314**
    - factors that influence postoperative outcome, 305
    - intertrochanteric, 319, **322**
    - literature review methods, 304
    - malnutrition and, 305, **306**
    - risk factors for, **306**
    - total knee arthroplasty and, **314**
    - UTIs in, 279
  - Hip osteoarthritis, 307, **313**
  - Hip protectors, 319
  - Hip replacement
    - hemiarthroplasty
      - for femoral neck fractures, 320
      - for hip fracture, 319, **322**
    - total arthroplasty, 307, 308
      - for femoral neck fractures, 320
      - preoperative testing, 18, 19–20, 19*f*
      - surgical approaches, **313**
  - Hip surgery. *See also* Hip fractures; Hip replacement
    - nutritional deficiencies and, **306**
    - nutritional supplementation for, **306**

regional versus general anesthesia for, 23, 25  
revision, **313**

History, in older emergency department patients, **66**

Home safety  
assessment of, **56**  
improvements, 181, **181**  
interventions for prevention of falls, **359**

Homeostenosis, and surgical stress, 373–374

Hormone replacement therapy. *See also*  
Estrogen replacement therapy  
androgen replacement  
in elderly women, **235**  
short-term, **376**

Hormone therapy  
for osteoporosis, 250–252, **254**  
for prostate cancer, 284  
for wound healing, 379, **379**

Hospital-acquired infections, **161**

Hospital care  
fall-prevention interventions, **359**  
functional outcomes in, 385  
inpatient rehabilitation, 386  
length-of-stay issues, 386  
patient satisfaction with, 386–387  
process issues, 386  
simplifying drug regimens, **35**  
visual improvement or stabilization and, **194**  
visual loss and, 186, **186**

Hospital Elder Life Program, 408–409

Hospital length of stay, 386  
cardiac surgery, **150**  
cholecystectomy, **98**  
early identification and treatment of risk factors and, **387**  
laparoscopic antireflux surgery, **87**  
vision treatments and, **186**  
visual loss and, **186**

Hospitalized Elderly Longitudinal Project (HELP), 392

Hyaluronate, and degenerative knee disease, 307, **312, 313**

Hydronephrosis, **231**

Hylan, and degenerative knee disease, 307, **312, 313**

Hyperparathyroidism, 87, **88**

Hyperplasia, **379**

Hypoestrinism, 233, **233**

Hypotension  
perioperative, **27–28**  
postoperative, **35**  
postural, **38**

Hypovolemia, preoperative, **28**

Hypoxia  
postoperative, 28  
ventilatory response to, 11, 12<sup>f</sup>

Hysterectomy, 238–239

## I

Identification of Seniors at Risk (ISAR) tool, 61–62, **62, 62t**

ILG. *See* Interdisciplinary Leadership Group

Imaging studies  
in older emergency department patients, **66**  
in urinary incontinence, **277–278**

Immune modulators, topical, **234**

Immunization, emergency department-based, **67**

Immunologic response, 375–377

Immunosuppression, perioperative, **27**

Impact of Vision Impairment questionnaire, 188

Implant fixation in osteoporotic bone, **325**

Implantable hearing aids, **209**

Implantation, cochlear, **210**

In-the-canal (ITC) hearing aids, 208

Incontinence. *See* Urinary incontinence

Increasing Geriatrics Expertise in Surgical and Related Medical Specialties, 2, 3–4  
Statement of Principles, 3

Increasing Geriatrics Expertise in the Non-Primary Care Specialties, 2

Independence. *See also* Function overall;  
Functional outcomes  
low-vision rehabilitation and, **184**  
return to independent living, **387**

Infectious disease, 66–67  
hospital-acquired, **161**  
in joint replacement surgery, 312  
in older emergency department patients, **67**  
perioperative, **27**  
periprosthetic, **314**  
urinary tract infections, 278–280, **280**  
key research questions, **293**  
literature review methods, 270  
wound, **27**

Information for patients. *See also* Patient education  
patient preferences, **397**  
preoperative, **397**

Informed consent, 393–394  
outcomes of surgical management and, 393

Infrainguinal vascular reconstruction, 101

Injection therapy  
for erectile dysfunction, **289**  
for stress incontinence, 275  
for total knee arthroplasty, **313**

Injuries, 70  
sports-related, **305**

Injury Severity Score (ISS), 71

Institutionalized populations  
falls among, 318  
frail, untreated vulvovaginal symptoms in, **234**  
guidelines for selecting candidates for gynecologic surgery from among, **228**

Hospitalized Elderly Longitudinal Project (HELP), 392  
 Instrumental activities of daily living, **304**  
 Instrumental Activities of Daily Living index, 189  
 Intensive care unit length of stay, **387**  
 Interdisciplinary Leadership Group (ILG), 3  
 Interdisciplinary teams  
   composition and structure of, **416**  
   function of, **416**  
   and process of care, 413  
   referral to geriatric teams, **62**  
   team approach to rehabilitation, **353**  
 International Continence Society, 275  
 Intertrochanteric hip fracture repair, **322**  
 Intracavernosal injections, **289**  
 Intraoperative management, 22–28, **26–28**  
 Invasive monitoring  
   in blunt multiple trauma, **76**  
   for older trauma patients, 74, **75**  
 Iowa Women's Health Study, 243  
 ISAR tool. *See* Identification of Seniors at Risk tool  
 ISS. *See* Injury Severity Score  
 Isshiki technique, for presbylarynges, 216  
 Italian Longitudinal Study on Aging, 245  
 Ivor Lewis esophagectomy, 125

## J

Jahnigen Career Development Awards, 4  
 Joint replacement  
   complications of, 310–312  
   COX-2 inhibitors and, **313**  
   deep-vein thrombosis prophylaxis after, **314**  
   factors that influence postoperative outcome, 305  
   and falls risk, **313**  
   for fractures close to joints, 318, **318**  
 hemiarthroplasty, 310  
   for femoral neck fractures, 320  
   functional outcomes in, **314**  
   for hip fracture, 319, **322**  
   for proximal humerus fractures, 324–325  
 thromboembolism in, preventive regimens, **314**  
 total hip arthroplasty, 307, 308  
   for femoral neck fractures, 320  
   preoperative testing, 18, 19–20, 19f  
   surgical approaches, **313**  
 total knee arthroplasty, 309, **313, 314**  
 total shoulder arthroplasty, 310, **314**

## K

Kidney. *See* Renal transplantation  
 Knee  
   arthroscopy for injuries of, **305**  
   degenerative disease of, 308–309

Knee osteoarthritis, 308–309, 355  
   and falls, **313**  
   hylan and hyaluronate for, **312**  
 Knee replacement  
   regional versus general anesthesia for, 25  
   total arthroplasty, 309, **313, 314**  
 Koenig Scale, 63

## L

Laboratory examination, in older EM patients, **66**  
 Laparoscopic antireflux surgery, **134**  
   short hospital stay, **87**  
 Laparoscopic cholecystectomy, 97–98  
 Laparoscopic colectomy, elective, 96  
 Laryngeal malignancy, 216  
 Larynx, 215–216  
 Laser therapy  
   for proliferative diabetic retinopathy and diabetic macular edema, **192–193**  
   transmyocardial revascularization, 154  
 Le Fort colpocleisis, 228  
 Legal blindness, 179  
 Leisure World, 245, 248  
 Leisure World Cohort, 243  
 Lichen sclerosus, 233, **234**  
 Limb ischemia, critical, 101  
 Limb salvage, 100–101, 101, **102**  
 Limb shortening, **321**  
 Lingonberry juice, and UTIs, 279–280  
 Literature reviews, RASP 6. *See also specific topics*  
 Lithotripsy, extracorporeal shock-wave, 289  
 Liver-directed therapies, **97**  
 Liver resection, 96–97  
 Liver tests, preoperative, 19–20  
 Lobectomy, 115–116, 118–119  
   video-assisted techniques for, **121**  
 Logarithm of MAR (logMAR), 178  
 Longitudinal Study on Aging, 271  
 Low-output syndrome, **150**  
 Low vision, 179, 193  
   rehabilitation for, **181, 184, 194**  
   therapy for, **193**  
 Lower extremity atherosclerotic disease, 100–101  
 Lower-extremity bypass, 100–101, **102**  
 Lumbar spinal stenosis, 315  
 Lumpectomy, 89  
 Lung cancer, 112–121  
   age-specific outcomes of surgery for, **132**  
   assessment instruments, **121**  
   Early Lung Cancer Action Project, 114  
   Elderly Lung Cancer Vinorelbine Italian Study (ELVIS), 114  
   guidelines to indicate inoperability, 119  
   screening for, 113–114, **121**  
   surgery for, 114–120, **121**

Lung disease, benign, 122–123  
 Lung function  
   and coronary artery bypass grafting, 153–154, **154**  
   and perioperative care, 11–12  
 Lung Health Study, 122  
 Lung resection, 115–120, **121**  
 Lung volume reduction procedures, **123**  
 Lymph node dissection, axillary, 89, **91**

## M

Macular degeneration, age-related, 189–190, **190**  
 Macular edema, diabetic, **192–193**  
 Major Trauma Outcome Study (ACS), 71  
 Male menopause, 375  
 Male sexual dysfunction, 286–287, **289**  
 Malignancy. *See also* Cancer  
   genitourinary, 285–286  
   laryngeal, 216  
   urologic, **293**  
 Malnutrition  
   in hip fracture, 305, **306**  
   screening methods, **396**  
   after surgery, **34**  
 Mammary artery, coronary artery bypass through, **155**  
 Mammographic density, **241**  
 Mammography screening, 90, **91**, 240  
   clinical guidelines for, **249**  
   guidelines for discontinuation of, **241**  
   strategies to improve, **241**  
 Massachusetts Health Care Panel Study, 184  
 Massachusetts Male Aging Study, 286–287  
 Massed activity, in stroke rehabilitation, 350, 351  
 Mastectomy, 89  
 Masters and Johnson, 234  
 Mechanical valvular prostheses, **157**  
 Meclizine, for vestibular disease, **212**  
 Medical errors, **415**, **416**  
 Medical Outcomes Study Short Form-36 (SF-36), 384, 407  
   functional assessment, 17  
   HRQOL assessment, 180  
 Medicare reimbursements  
   for Pap smears, **239**  
   for rehabilitation care, **352**  
 Medications, 59–60  
   adverse drug events  
     associated with drug withdrawal, 381  
     postoperative, 31, 32, **35**  
   for benign prostatic hyperplasia, 281  
   communicating regimens to primary care physicians, **35**  
   ethanol interactions, **382**  
   for frail elderly women, **254**  
   guidelines for prescribing, **382**

  inappropriate use, 380–381, **382**  
     outcomes of, **60**  
     reduction of, **60**  
   misuse, overuse, and underuse of, 380–381  
   optimization of use, **382**  
   perioperative, 14, 381–382  
   polypharmacy, **35**  
     perioperative, **382**  
   for postoperative depression, **405**  
   and sexual dysfunction, **235**  
   simplifying drug regimens, **35**  
   that reduce bone resorption, **254**  
   that stimulate bone formation, **254**  
   for urinary incontinence, 274, 277  
   and vestibular disease, **212**  
 Melbourne (Australia) Visual Impairment Project, 178  
 Memory Study (Women's Health Initiative), 246  
 Ménière's disease, 208–209  
 Meniscectomy, **313**  
 Menopause  
   male, 375  
   postmenopausal estrogen therapy, **249**  
     dementia associated with, **247**  
     long-term, **247**  
 Mental status tests  
   Confusion Assessment Method (CAM), 33, 401  
     in emergency department care, 57–58  
     serial testing with, **35**  
   Folstein Mini-Mental Status Examination (MMSE), 208, 401  
     in emergency department care, 57, 58  
     short, **35**  
   Short Portable Mental Status Questionnaire, 58  
 Metabolic response to stress, 374–377  
 Metal-backed or all-polyethylene tibial components, **314**  
 Methylsalicylate cream, for degenerative joint disease, 307  
 Metoclopramide, for postoperative nausea, 382  
 Mexican-Americans, and cervical cancer screening, 237  
 Middle ear diseases, 204–205  
 Minimum angle of resolution (MAR), 178  
 Mitral valve repair, 156  
 Mitral valve replacement, 156  
   minimally invasive techniques, **158**  
   in octogenarians, 164  
 Mixed urinary incontinence, **278**  
 MMSE. *See* Folstein Mini-Mental Status Examination  
 Mobility, postoperative, 408–409  
 Mobility aids, **359**  
 Models of care delivery, 413–419  
 Molecular biology studies, **218**



MORE. *See* Multiple Outcomes of Raloxifene Evaluation  
 Multicenter Chest Pain Study, 68  
 Multiple blunt trauma, **76**  
 Multiple ocular disorders, **181**  
 Multiple-organ failure, **75**  
 Multiple Outcomes of Raloxifene Evaluation (MORE), 248, 250, 251  
 Multisensory loss, **182**  
 Muscle wasting, **34**  
 Musculoskeletal problems  
   exercise, assistive devices, and orthotics for, **358**  
   normal aging, 304–305  
   rehabilitation for, 354–355, **358**  
 Myocardial infarction, 68  
 Myocardial protective techniques, **155, 158**  
 Myocardial revascularization, 164

## N

NASCET. *See* North American Symptomatic Carotid Endarterectomy Trial  
 National Cancer Institute, 248  
   lung cancer study, 113  
 National Cardiovascular Network, 164  
 National Emphysema Treatment Trial (NETT), 122  
 National Eye Institute Visual Functioning Questionnaire (NEI-VFQ), 180, 190  
 National Heart, Lung, and Blood Institute (NHLBI), 122  
 National Hospital Ambulatory Medical Care Survey (NHAMCS), 54, **55**  
 National Hospital Discharge Survey, 71  
 National Institutes of Health (NIH)  
   consensus statement on rehabilitation with traumatic brain injury, 354  
   treatment recommendations, 88  
 National Medicare claim database, 126, 131  
 National Registry of Myocardial Infarction 2, 68  
 National VA Surgical Quality Improvement Program, **105**  
 Nausea and vomiting, postoperative, 381–382  
 NEI-VFQ. *See* National Eye Institute Visual Functioning Questionnaire  
 Nerve cell loss, **372**  
 NETT. *See* National Emphysema Treatment Trial  
 Neurobehavioral assessment tools, **163**  
 Neurobehavioral changes after CABG, 163, **163**  
 Neurologic changes  
   deficits after cardiac surgery, 162–163, **169–170**  
   perioperative, 12–13  
   and sexual dysfunction, 288

Neurotology, 208–209  
 New York Heart Association, 227  
 NHLBI. *See* National Heart, Lung, and Blood Institute  
 NHS. *See* Nurses' Health Study  
 Nocturia, 272, **277**  
 Nonagenarians  
   as cardiac surgical patients, 163–164  
   estrogen replacement therapy for, **247**  
 Noncompliance, **416**  
 Nonsteroidal anti-inflammatory drugs, 92  
   alternatives to, **94**  
   for osteoarthritis, 306  
 North American Symptomatic Carotid Endarterectomy Trial (NASCET), 25, 99  
 North Carolina Trauma Registry, 71  
 Northeastern Ohio Trauma Study, 70–71  
 Northern New England Cardiovascular Disease Study Group, 414  
 Nothing-by-mouth orders, **27–28**  
 Nottingham Health Profile, 166  
 Nottingham Health Survey, 409  
 Nurses' Health Study (NHS), 242, 243, 248  
 Nursing-home residents. *See also*  
   Institutionalized populations  
   falls among, 318  
 Nutritional assessment, preoperative, 20, 390–391  
 Nutritional deficiencies, **306**  
 Nutritional supplementation  
   for elective surgery, **396**  
   for hip surgery, **306**  
 Nutritional support  
   postoperative, **34**  
   preventive, **396**

## O

Occupational therapy, **254**  
 Octogenarians  
   as cardiac surgical patients, 163–166, **165**  
   estrogen replacement therapy for, **247**  
 Ocular disorders  
   associated with hearing loss, **182**  
   and falls, **181**  
   and functional outcome, **182**  
   multiple, **181**  
 Older-old, surgical outcomes in, **387**  
 Oldest-old, surgical outcomes in, **387**  
 Olfactory sensitivity, 212–213  
 Oligoanalgesia, 60  
 Onychomycosis, 316  
 Open colectomy, elective, 96  
 Ophthalmology, geriatric, 177–202  
   age-related risk factors, 177  
   key research questions, **194–195**  
   literature review methods, 177–178  
   prognostic indicators, 177

- recommended research strategies, 193–194
  - risk factors, 177
  - Oral estrogen replacement, **235–236**
  - Organizational characteristics, **416**
  - Orientation Memory Concentration Test, 57
  - Orthopedic surgery
    - factors that influence postoperative outcome, 305, **305**
    - postoperative mortality, 385
    - postoperative respiratory insufficiency, 28
  - Orthopedics, geriatric, 303–338. *See also*
    - specific disorders, procedures*
    - key research questions, **325–326**
    - literature review methods, 303–304
  - Orthotic devices, 347
    - for arthritic and musculoskeletal conditions, **358**
    - indications for, 317
  - Osteoarthritis, 306–307
    - of ankle, 317
    - assistive devices for, **358**
    - exercise for, 354, 355, **358**
    - of hip, 307, **313**
    - of knee, 308–309, 355
      - and falls, **313**
      - hylan and hyaluronate for, **312**
    - orthotics for, **358**
    - rehabilitation for, 354–355
  - Osteoporosis, 250–254. *See also* Fractures
    - additive effects of hormonal and nonhormonal therapies, **254**
    - bisphosphonates for, 253–254
    - calcium for, 252–253, **253**
    - cementless components in, **313**
    - definition of, 317
    - estrogen replacement therapy for, **251–252**
    - exercise for, 354–355
    - hormonal therapies, 250–252, **254**
    - implant fixation in, **325**
    - nonhormonal therapies for, 252–253, 253–254
    - spinal fusion with instrumentation in, 315–316
    - vitamin D for, 252–253
  - Otitis media, serous, 205
  - Otolaryngology, geriatric, 203–224. *See also*
    - specific disorders, procedures*
    - key research questions, **218–219**
    - literature review methods, 203
  - Otologic surgery, 204, **205**
  - Otosclerosis, 204, **205**
  - Outcomes, epidemiologic studies of, **21**
  - Outcomes assessment, 383–390
    - measures for surgery, **396**
    - patient-based measures of hearing loss, **210**
  - Outpatient surgery, **87**
    - delirium after, **404**
  - Overflow incontinence, 271–272
  - Oxygen therapy
    - guidelines for, 28–29
    - postoperative, **34**
    - for wound healing, 379
- P**
- Pain, 409–410
    - abdominal, **65**, 65–66, **70**, **76**
    - acute postoperative, 29–32
    - chest, 67–68
    - chronic, 36–37, **37–38**
      - and sexual dysfunction, 287
    - perioperative with dementia, **396**
  - Pain assessment, in cognitive impairment, **35**, **38**
  - Pain management, 358
    - in cognitive impairment, **35**, **38**
    - interventions, **37**
    - postoperative, 29–32
  - Pain syndromes, 36, **359**
  - Pancreatic cancer, 98, **99**
  - Pancreatic disease, 98–99
  - Pancreatic resection, **98**
  - Papanicolaou (Pap) smears, 236–239, **239**
  - Paraprofessionals, in rehabilitation, **353**
  - Patient-based outcomes measures. *See also*
    - Outcomes assessment
    - of hearing loss, **210**
  - Patient care process, 386
  - Patient-controlled analgesia (PCA), 30–31, **35**, 381, **382**
  - Patient education, **358**. *See also* Information for patients
    - for partners of cognitively impaired patients, **236**
    - preoperative, 394–395, **397**
    - to reduce inappropriate medications, **60**
  - Patient satisfaction, 386–387, **387**, **416**
  - Pelvic floor muscle exercises, **231**
  - Pelvic organ prolapse, 228–231, **231**
    - early, **231**
    - needed research in, 276
    - nonsurgical management, 229, 230, **230**
    - quality of data, 228–229
    - results, 229–230
    - surgical management, 229, 230, **230**, **231**
  - Penetrating trauma, 73–74, 378
  - Penile prostheses, **289**
  - Peptic ulcer disease, 93, **93**
  - Percutaneous transluminal coronary angioplasty (PTCA), 148, 151
    - in octogenarians, **165**, **166**
  - Perioperative care
    - age-related physiologic changes and, 10–15
    - in cardiac surgery, **170**
    - in chronic disease and comorbid conditions, **382**

- clinical pathways for, 400–407
- estrogen replacement therapy in, **228**
- evidence-based medicine to improve, **415**
- in gynecologic surgery, 225–228, **228**
- temperature management, **27**
- in thoracic surgery, **136**
- Peripheral occlusive disease, 100–102, **102**
- Peripheral vestibular system disorders, **219**
- Periprosthetic fractures, 312, **313, 314**
- Periprosthetic infections, **314**
- Pessaries, 230, **231**
- Pharmacology, geriatric, 380–383
- Pharmacotherapy, 59–60
  - for benign prostatic hyperplasia, 281
  - communicating regimens to primary care physicians, **35**
  - for frail elderly women, **254**
  - guidelines for prescribing medications, **382**
  - inappropriate use of medications, **60, 380–381, 382**
  - medications that reduce bone resorption, **254**
  - medications that stimulate bone formation, **254**
  - misuse, overuse, and underuse of medications, 380–381, **382**
  - perioperative, 14, 381–382
    - for postoperative depression, **405**
    - and sexual dysfunction, **235**
    - simplifying drug regimens, **35**
    - for urinary incontinence, 274, 277
    - and vestibular disease, **212**
- Pharyngeal cancer, **218**
- Pharyngeal instrumentation, postoperative, **34**
- Phenylpropanolamine, for stress incontinence, 274
- Phonosurgery, 216
- Photodynamic therapy, **94**
- Physical examination, in older emergency department patients, **66**
- Physical therapists, types of, 346
- Physical therapy. *See also* Rehabilitation
  - for frail elderly women, **254**
  - after hip fracture surgery, **358**
  - for musculoskeletal conditions, **358**
  - referral for vestibular disease, **212**
  - synergy with hormone replacement therapy and selective estrogen receptor modulators, **251**
- Physician training, 55
- Phytotherapy, 281, 284, **285**
- Picker Institute Consumer Satisfaction Survey, 387
- Pinna, diseases of, 204
- Pituitary growth hormone, 375
- Planning, postoperative, 414
- Pleiotropy, antagonistic, 370–371
- Pneumonectomy, 115–119, **121**
- Pneumonia, 122
  - postoperative, **27, 34**
- Polyethylene tibial components, **314**
- Polypharmacy, **35**
  - perioperative, **382**
- Post-herpetic neuralgia, **37**
- Post-hospital care, 414–415, **416**
- Posterior tibial tendon insufficiency, 316
- Postoperative management, 28–36
  - assessment in lung cancer, **121**
  - ethical issues, 394
  - factors that influence outcome, 305–306
  - planning and coordination, 414
  - research agenda, **34–36**
- Postoperative mortality, 385, **387**
- Postural hypotension, **38**
- Prehospital care, 56, **56**
- Preoperative assessment, 15–22, **21–22, 390–399**
  - functional, 17–18, **22**
  - in general surgery, **39**
  - in lung cancer, **121**
  - testing, 18–21, 19*f*
- Preoperative education, 394–395, **397**
- Preoperative interventions, **396**
- Preoperative optimization, 21
  - in lung cancer, **121**
  - for pneumonectomy, **121**
- Preoperative preparation, 390–399
  - in thoracic surgery, **135**
- Presbycusis, **205, 205–210**
- Presbylarynges, **216**
- Pressure ulcers, 103, **103**
  - postoperative, **405**
  - prevention, 403–404
- Preventive nutrition, **396**
- Primary care physicians, communicating drug regimens to, **35**
- Profile of Mood States, 189
- Promethazine, for postoperative nausea, 381–382
- Prostate cancer, 282–284
  - screening for, 282, 284, **285**
  - treatment of, **285**
- Prostate diseases, 280–285
  - key research questions, **293**
  - literature review methods, 269
- Prostate-specific antigen, 282, **285**
- Prostatectomy, radical, 283
- Prostatic hyperplasia, benign, 280–282
- Prosthetics, 347
  - cellular response to wear debris, **313**
  - costs and benefits, **359**
  - mechanical valvular, **157**
  - metal-backed or all-polyethylene tibial components, **314**
  - penile, **289**
  - periprosthetic fractures, 312, **313, 314**

Proximal humerus fractures, 324–325, **325**  
 literature review methods, 304  
 Psychological Well-Being Schedule, 166  
 Pubovaginal sling procedures, 276, **278**  
 Pulmonary embolism, **404**  
 Pulmonary Embolism Prevention (PEP) trial,  
 311  
 Pulmonary function  
 and coronary artery bypass grafting, 153–154,  
**154**  
 and perioperative care, 11–12  
 Pulmonary resection, 115–120, **121**  
 Pulse oximetry, 28–29

## Q

Quality improvement  
 methodologies, 414  
 systems interventions for, 413  
 in thoracic surgery, 134–135  
 Quality of care  
 barriers to and disparities in, **416**  
 for older emergency department patients, **55**  
 Quality of life, **387**  
 with bisphosphonates, **251**  
 after cardiac surgery, 166–168, **168**  
 early detection of cervical neoplasia and, **239**  
 early identification and treatment of risk  
 factors and, **387**  
 with estrogen replacement therapy, **251**  
 health-related, 407–412  
 diabetic retinopathy and, **192**  
 targeted interventions for, **416**  
 visual impairment and depression and, **183**  
 hearing-related, **218**  
 mammography and, **241**  
 presbycusis and, 206–207  
 in prostate cancer, 283  
 with selective estrogen receptor modulators,  
**251**  
 thoracic surgery outcomes, **136**  
 visual improvement or stabilization and, **194**  
 vulvovaginal disorders and, **233**  
 Quality-of-life instruments  
 health-related (HRQOL), 180, 384, 407–408,  
 410, **410**, **411**  
 targeting vulvovaginal symptoms, **233**  
 Quality of Well-being Scale, 189

## R

Radial artery, coronary artery bypass through,  
**155**  
 Radiofrequency ablation, in liver-directed  
 therapy, **97**  
 Radiotherapy for breast cancer, 89  
 Raloxifene  
 and breast cancer, 248  
 for osteoporosis, 250, 251  
 Rancho Bernardo cohort, 245

RASP. *See* Research Agenda-Setting Project  
 Reactive oxygen species, 371  
 Recovery from acute illness, **344**  
 Rectal examination, **285**  
 Referral to geriatric teams, **62**  
 Reflux  
 gastroesophageal reflux disease  
 recent research findings, 93  
 surgery for, 91–92, 133–134, **134**  
 laparoscopic antireflux surgery, **87**  
 short hospital stay, **87**  
 Rehabilitation, geriatric, 339–367  
 auditory rehabilitation measures, **410**  
 cardiac, 356, **358**  
 combinations of treatments, **353**  
 components of, **345**, 345–353  
 equipment, 347  
 family caregiving and, **416**  
 hip fracture, 356, **358**  
 inpatient, 386  
 interventions, 347–352  
 key components, **358**  
 key research questions, **359–361**  
 literature review methods, 339  
 low-vision, **181**, **194**  
 Medicare reimbursements, **352**  
 outcome measures, **360–361**  
 outcomes of care, 352–353  
 patient satisfaction with, 386–387  
 post-stroke, 355  
 process of care, 347–352  
 providers, 346, **353**  
 relative merits of treatments, **360–361**  
 response to, **344**  
 after rotator cuff surgery, 310  
 settings, 345, **352**  
 for specific conditions, 353–359  
 structure, process, outcome rehabilitation  
 model, 343, 344f  
 structure of care, 345–347  
 team approach, **353**  
 terminology, **343**, **360–361**  
 theoretical underpinnings, 339–345  
 theory or model of treatment for, **345**  
 visual rehabilitation measures, **410**  
 Renal cell carcinoma, 285  
 Renal changes, perioperative, 13–14  
 Renal disease, end-stage, 269  
 Renal failure  
 guidelines for prescribing with, **382**  
 key research questions, **293**  
 Renal insufficiency, perioperative, **27–28**  
 Renal malignancy, 285, 286  
 Renal transplantation, 290–292, **292**  
 key research questions, **293**  
 literature review methods, 269  
 older adult donors, 290–291  
 older adult recipients, 291–292

Research Agenda-Setting Project (RASP), 4–5, 369–370  
 online version, 7  
 Resistance exercise, 348–349  
 Resistance training, 307  
 Resistive exercise, **353**  
 task-specific, 350  
 Respiratory failure, postoperative, **34**  
 Respiratory insufficiency, postoperative, 28–29  
 Respiratory monitoring, postoperative, **34**  
 Respiratory response to hypoxia, 11, 12*f*  
 Resuscitation  
 aggressive  
 in blunt multiple trauma, **76**  
 in older trauma patients, 74–75, **75**  
 Brain Resuscitation Clinical Trials data, 69  
 consent for, **396**  
 do-not-resuscitate (DNR) orders, 392, 394  
 in operating room, 394, **396**  
 for out-of-hospital arrest, **70**  
 preoperative discussion of, **396**  
 of trauma patients, 74  
 Return to independent living, **387**  
 Revascularization, repeat, **159**  
 Rhinitis, **213**  
 Risedronate, for osteoporosis, 253–254  
 Rofecoxib, 306–307. *See also* COX-2 inhibitors  
 Ross procedure, 157  
 Rotator cuff disease, 309  
 Rotator cuff surgery, 309, 310, **314**

## S

SAEM. *See* Society for Academic Emergency Medicine  
 Safety  
 home safety assessment, **56**  
 home safety improvements, 181, **181**  
 interventions for prevention of falls, **359**  
 SAGA. *See* Society for the Advancement of Geriatric Anesthesia  
 SAGES. *See* Society of American Gastrointestinal Endoscopic Surgeons  
 Salisbury Eye Evaluation (SEE) project, 178, 184  
 Saphenous vein graft, coronary artery bypass through, **155**  
 Sarcopenia, **344**, 348  
 rehabilitation treatment of, 357, **359**  
 Scopolamine, for postoperative nausea, 381–382  
 Screening  
 abdominal aortic aneurysm, **103**  
 for asymptomatic conditions, **64**  
 breast cancer, 239–241  
 carotid disease, **100**  
 central auditory processing impairment, **210**  
 cervical cancer, 236–239, **239**  
 cognitive dysfunction, **58**

colon cancer, **249**  
 colorectal cancer, **96**  
 comprehensive, **62**  
 for diabetic retinopathy, **192**  
 in emergency department, 60–64  
 esophageal dysplasia, **132**  
 glaucoma, **191**  
 Identification of Seniors at Risk (ISAR) tool, 61–62, **62**, 62*t*  
 lung cancer, 113–114, **121**  
 mammography, 90, **91**, 240  
 clinical guidelines for, **249**  
 guidelines for discontinuation of, **241**  
 strategies to improve, **241**  
 prostate cancer, 282, 284, **285**  
 for specific conditions, 63–64, **64**  
 vision, 186–187, **195**  
 mandatory, **185**  
 recommendations for, **187**  
 Seattle Angina Questionnaire, 166  
 Sedative-hypnotics  
 adverse drug events, 31, 32*t*  
 and length of stay, 386  
 Sedimentation rate, preoperative, 19–20  
 SEE project. *See* Salisbury Eye Evaluation project  
 SEER program. *See* Surveillance, Epidemiology, and End Results Program  
 Selective estrogen receptor modulators, 242  
 and breast cancer, 248–249, **249**  
 cardiovascular effects, **245**  
 and colon cancer, **249**  
 fracture benefits after age 75, **252**  
 long-term, **249**, **251**  
 for osteoporosis, 250, 251, **251–252**  
 quality of data, 242  
 quality of life with, **251**  
 results, 244  
 selection of older women for initiation or continuation of, **255**  
 stratified results, **249**  
 synergy with fracture-prevention interventions, **251**  
 Sensorineural hearing loss, 205–210, **210**  
 Sensory disorders, 408  
 Sexual dysfunction, 286–289  
 androgen replacement and, **235**  
 comorbid disease, 287–288, **289**  
 estrogen replacement and, **235–236**  
 female, **235**, 287, 289, **289**  
 key research questions, **293**  
 literature review methods, 269  
 male, 286–287, **289**  
 medications and, **235**  
 sildenafil and, **289**  
 Sexual response  
 age-related changes, 235  
 in older women, **236**

- Sexuality, 409, **410**  
 educational strategies for partners of  
 cognitively impaired patients, **236**  
 older women's, 234–236, **235**  
 operative procedures and, **410–411**
- Shoe wear, 316
- Short Portable Mental Status Questionnaire, 58
- Shoulder disease. *See also* Rotator cuff disease  
 degenerative, 309–310  
 functional outcomes in, **314**
- Shoulder injuries  
 arthroscopy for, **305**  
 fractures of proximal humerus, 324–325
- Shoulder replacement  
 hemiarthroplasty, 324–325  
 total shoulder arthroplasty, 310, **314**
- Sickness Impact Profile (SIP), 166, 188, 384, 407
- Sildenafil citrate, 288, **289**
- Sinuses, 212–213
- Sinusitis, 213, **213**
- SIP. *See* Sickness Impact Profile
- Sjögren's syndrome, 215
- Sleep apnea, 288
- Sleep problems, 408  
 postoperative disturbances, **410**
- Smell, 212–213
- Snellen testing, 178
- Social participation, 339  
 disabling impact of disease on, **344–345**  
 risk factors for disability, **345**
- Society for Academic Emergency Medicine (SAEM), 3  
 Geriatric Emergency Medicine Task Force, 55
- Society for the Advancement of Geriatric Anesthesia (SAGA), 3
- Society of American Gastrointestinal Endoscopic Surgeons (SAGES), 133
- Society of Thoracic Surgeons (STS), 3–4, **132**
- Society of Thoracic Surgeons Database, **121**
- Society of University Urologists (SUU), 4
- Specialty databases, 7
- Speech therapy, 216
- Spinal decompression, 315, 316, **316**
- Spinal fusion  
 with instrumentation, 315–316  
 strategies to augment bone healing after, **316**
- Spinal stenosis, 354–355
- Spine, degenerative disease of, 315–316, **316**
- Spine fractures, 318, 323–324  
 literature review methods, 304
- Spondylolisthesis, 315–316
- Spondylosis, 315–316
- Sports-related injuries, **305**
- Staff work, duplication of, **416**
- Stents  
 coronary, 152  
 in octogenarians, **165**
- Steroids, gonadal, and surgical stress, 375
- Stomach disorders, 91–94, **94**
- Stone disease, urinary tract, 289–290  
 key research questions, **293**  
 literature review methods, 269–270  
 surgery for, 289–290, **290**
- Stress incontinence, 271–272  
 injection therapy for, 275  
 surgery for, 275–276
- Stress response, 372–377, **376, 377**  
 acute, **376**  
 age-specific, **150**  
 postoperative, **376**
- Stroke  
 in cardiac surgery, 162–163, **163, 169–170**  
 perioperative, 99–100, **100**  
 post-CABG, 162, **163**  
 Stroke rehabilitation, 350, 355, **358**
- STS. *See* Society of Thoracic Surgeons
- Study of Osteoporotic Fractures, 245
- Study to Understand Prognoses and Preferences for Outcomes and Risks of Treatment (SUPPORT), 392
- SUPPORT. *See* Study to Understand Prognoses and Preferences for Outcomes and Risks of Treatment
- Surgery, geriatric. *See also specific procedures*  
 for abdominal aortic aneurysm, **103**  
 age-related physiologic changes and, 14–15  
 age-specific risks, **395**  
 ambulation early or ultra-early after, **376, 408–409**  
 anesthesia for, 23, 24*f*  
 anti-delirium strategies for, **396**  
 for aortic dissection, 159–160, **159–160**  
 for benign diseases of lung, 122–123  
 for benign prostatic hyperplasia, 281, 284  
 for breast cancer, **91**  
 candidate preventive and therapeutic methods, **395**  
 cardiac, 147–176, **149**  
 and caregivers, **168**  
 cataract, 188–189, **189**  
 cervical-spine decompressive, 316  
 cognitive decline after, **404**  
 comorbidities, **387**  
 complementary or alternative medicine and, **382**  
 complications of, **168, 387, 396**  
 conduct of operation, 394  
 costs of, 86  
 for degenerative joint disease, 307–314  
 with dementia, **396**  
 for diabetic retinopathy, **192–193**  
 early  
 for urinary incontinence, **278**  
 for urologic disorders, **293**  
 elective, 86, **396**



- emergency procedures, **87**
  - for colorectal disease, 96
  - for gastric disease, 93
  - identification of high-risk patients, **104**
  - for peptic ulcer disease, **93**
- for esophageal cancer, 125–127, 130, **132**
- esophagectomy model, **133**
- factors that influence postoperative outcome, 305–306
- family caregiving and, **416**
- for female stress incontinence, 275–276
- foot, 317, **317**
- general, 85–109
  - key research questions, **104–105**
  - literature review methods, 85
- for GERD, **134**
- gynecologic, 225–228, **227, 228**
- for head and neck cancer, **218**
- heart valve, 155–158, **159**
- hip
  - nutritional deficiencies and, **306**
  - nutritional supplementation for, **306**
  - regional versus general anesthesia for, 23, 25
  - revision, **313**
- hip fracture, 319, **322**
  - length of stay for, 386
  - outcomes, 17, 17*t*
  - physical therapy after, **358**
  - postoperative restrictions on ambulation, **358**
  - risk factors for, **321**
- for hyperparathyroidism, **88**
- for incontinence, **231**
- interdisciplinary teams and, **416**
- intraoperative management, 22–28, **26–28**
- joint replacement
  - complications of, 310–312
  - COX-2 inhibitors and, **313**
  - deep-vein thrombosis prophylaxis after, **314**
  - factors that influence postoperative outcome, 305
  - and falls risk, **313**
  - for fractures close to joints, 318
  - thromboembolism in, preventive regimens, **314**
- laparoscopic antireflux, **87, 134**
- for lumbar spinal stenosis, 315
- for lung cancer, 114–120, **121, 132**
- minimally invasive techniques
  - for aortic valve replacement, **157–158**
  - for benign diseases of lung, **123**
  - for benign prostatic hyperplasia, **285**
  - for bladder and renal malignancy, 286
  - for BPH, 282
  - for CABG, 154, **155**
  - for cardiac surgery, **161**
  - for esophageal cancer, **132**
  - for mitral valve replacement, **158**
  - for stone disease, 289–290, **290**
  - for valvular procedures, 157
- neurotologic, 209
- operative mortality, 385
- organizational characteristics and, **416**
- orthopedic, 305, **305**
- for osteoarthritis of hip, 307
- otologic, 204, **205**
- outcome measures, **396**
- outcomes of, 392–393
- outpatient, **87**
  - delirium after, **404**
- pain and adverse outcomes, 30–32
- patient preferences for, **396**
- for pelvic organ prolapse, 229, 230, **230**
  - estrogen therapy and, **231**
- perioperative care, 10–15
- perioperative clinical pathways, 400–407
- perioperative problems and complications, 369
- for pharyngeal cancer, **218**
- phonosurgery, 216
- physiologic management, 25–26
- postoperative analgesia, **39**
- postoperative complications, **387**
- postoperative depression, **405**
- postoperative falls, prevention of, **405**
- postoperative function, scoring system for, **395**
- postoperative management, 28–36
- postoperative mortality, 385, **387**
- postoperative planning and coordination, 414
- postoperative pulmonary complications, **39–40**
- postoperative research agenda, **34–36**
- preoperative assessment, 15–22, **39**
- preoperative interventions, **396**
- preoperative optimization, 21
- preoperative predictors of functional outcomes, **387**
- preoperative preparation, **395, 397**
- preoperative research agenda, **21–22**
- preoperative risk assessment and preparation, 390–399
- preoperative risk factors for falls, **405**
- preventive nutrition for high-risk patients, **396**
- procedures and outcomes, 85–87
- for prostate cancer, 283
- for proximal humerus fractures, 324–325, **325**
- recent research findings, 86–87
- resuscitation during, 394, **396**
- risk assessment, 16–17, **21, 387**
- risk-benefit projections, **104–105**

risk factors, **87, 387, 395**  
 stratified, **395**  
 risk factors for fluid and electrolyte problems,  
**396**  
 rotator cuff, 309, 310, **314**  
 scoring system for, **395**  
 and sexuality, **410–411**  
 spinal decompression, 315, **316**  
 stress of, **376**  
 team function and, **416**  
 thoracic, 111–145  
 for thyroid diseases, 87  
 for tongue cancer, **218**  
 for urinary incontinence, 274–276, 277  
 wrist fracture, 322  
 Surgical emergency, **104**  
 Surveillance, Epidemiology, and End Results  
 (SEER) Program, 88, 114, 131, 237  
 SUU. *See* Society of University Urologists  
 Swallowing, 213–215, **215**  
 Sympathetic nervous system, 374  
 Systems interventions, 413

## T

T cells, 371–372, **372**  
 Tai Chi, 349  
 Tamoxifen therapy  
 for breast cancer, 88–89, 90, **91**, 248–249  
 for osteoporosis, 250, 251  
 plus surgery, 89, **91**  
 Tandem Gait test, 403  
 Task-specific resistive exercise, 350  
 Team approach  
 and outcomes, **416**  
 and process of care, 413  
 referral to geriatric teams, **62**  
 to rehabilitation, **353**  
 Temperature management, perioperative, **27**  
 Temporal bone pathology, **210**  
 Temporal bone studies, 210, **212**  
 Tension-free vaginal tape, 276  
 Terminology, rehabilitation, **343, 360–361**  
 Testing. *See also* Assessment; Screening  
 preoperative, 18–21, 19<sup>f</sup>  
 Thoracic surgery, general geriatric, 111–145.  
*See also specific disorders, procedures*  
 key research questions, **135–136**  
 literature review methods, 111–112  
 perioperative care, **136**  
 preoperative preparation, **135**  
 preoperative testing, 18, 19<sup>f</sup>  
 quality-of-life outcomes, **136**  
 video-assisted, 120–121, **121**, 123  
 Thoracic Surgery Directors Associations  
 (TSDA), 4  
 Thoracoscopy, 123  
 Thromboembolism. *See also* Deep-vein  
 thrombosis  
 intraoperative, **26–27**  
 in joint replacement surgery, 310–312  
 preventive regimens, **314**  
 Pulmonary Embolism Prevention (PEP) trial,  
 311  
 Thrombolytic therapy, **101**  
 Thyroid diseases, 87  
 Thyroid tests, preoperative, 19–20  
 Tibia components, metal-backed or  
 all-polyethylene, **314**  
 Timed Get Up and Go test, 66  
 Tissue healing, **313**  
 Tongue cancer, **218**  
 Topical immune modulators, **234**  
 Toremifene, for breast cancer, 242  
 Total joint replacement  
 in ankle, 317  
 deep-vein thrombosis prophylaxis after, **314**  
 for fractures close to joints, 318, **318**  
 in hip, 307, 308, **313**  
 for femoral neck fractures, 320  
 preoperative testing, 18, 19–20, 19<sup>f</sup>  
 surgical approaches, **313**  
 in knee, 309, **313, 314**  
 in shoulder, 310, **314**  
 Traffic accidents, **185, 186**  
 visual improvement or stabilization and, **194**  
 Transdermal estrogen replacement, **235–236**  
 Transitional cell carcinoma  
 of upper urinary tract, 285  
 of urinary bladder, 285  
 Transmyocardial laser revascularization, 154  
 Transplantation  
 cardiac, 148–149  
 renal, 290–292, **292**  
 key research questions, **293**  
 literature review methods, 269  
 Transurethral resection of the prostate, 281  
 early, **285**  
 needed research, 284  
 Trauma, 70–75  
 blunt, 74  
 invasive monitoring and aggressive  
 resuscitation in, **76**  
 risk of multiple-organ failure and death  
 after, **75**  
 drug and ethanol interactions, **382**  
 geriatric trauma survival score, 72  
 Major Trauma Outcome Study (ACS), 71  
 North Carolina Trauma Registry, 71  
 Northeastern Ohio Trauma Study, 70–71  
 penetrating, 73–74, 378  
 prediction of outcomes, **75**  
 standardization of outcomes, **75**

Trauma Score (TS), 71  
 TS. *See* Trauma Score  
 TSDA. *See* Thoracic Surgery Directors  
 Associations  
 Tympanic membrane, diseases of, 204–205

## U

Ulcers, 92  
 peptic, 93, **93**  
 pressure, 103, **103**  
 postoperative, **405**  
 prevention of, 403–404  
 Ultrasound, for fracture healing, **321**  
 Uniform Data System, 386  
 United Kingdom General Practice Research  
 Database, 245  
 Upper abdominal surgery, 28  
 Urge incontinence, 272, **278**  
 Urinalysis, preoperative, 19–20  
 Urinary incontinence, 270–278, 409  
 assessment of, **277**  
 biobehavioral therapies for, 273–274, 277  
 complementary therapy for, 274, **278**  
 diagnostic evaluation, 272–273  
 early surgery for, **278**  
 epidemiology, 270–271  
 functional, 272  
 and health-related quality of life, **411**  
 imaging techniques, **277–278**  
 key research questions, **293**  
 literature review methods, 270  
 needed research in, 276–278  
 pharmacotherapy for, 274, 277  
 postoperative, 283  
 surgery for, **231**, 274–277  
 survey instruments, **277**  
 treatment, 273–278  
 types of, 271–272  
 urodynamic studies, **277–278**  
 Urinary retention  
 chronic pain therapy and, **38**  
 postoperative, **35**  
 Urinary tract infections, 278–280, **280**  
 key research questions, **293**  
 literature review methods, 270  
 Urinary tract stone disease, 289  
 Urodynamic studies, **277–278**  
 Urogenital atrophy, **236**  
 Urogenital health, 228–236  
 estrogen therapy and, **233**  
 maintenance of, **255**  
 Urologic disorders, early surgery for, **293**  
 Urologic malignancy, **293**  
 Urology, geriatric, 269–302. *See also specific  
 disorders, procedures*  
 key research questions, **293–294**

literature review methods, 269–270  
 longitudinal outcomes, **294**  
 U.S. Department of Health and Human  
 Services, 7  
 U.S. Preventive Services Task Force, 186–187  
 UTIs. *See* Urinary tract infections

## V

Vacuum erection devices, **289**  
 Vaginal cancer, **239**  
 Vaginal delivery, and pelvic organ prolapse,  
**231**  
 Vaginal estrogen replacement, 279  
 Vaginal tape, tension-free, 276  
 Valve surgery, cardiac, 155–158, **159**  
 Valvular prostheses, mechanical, **157**  
 Vascular disease, atherosclerotic, 99  
 Vascular radiology, interventional, **101**  
 Vascular reconstruction, infrainguinal, 101  
 Vascular repair, **372**  
 Vena cava filters, **404**  
 Venous thromboembolism, 400  
 Ventilatory response ( $V_T$ ) to hypoxia, 11, 12*f*  
 VERT trial. *See* Vertebral Efficacy with  
 Risedronate Therapy trial  
 Vertebral compression fractures, 323–324  
 Vertebral Efficacy with Risedronate Therapy  
 (VERT) trial, 253  
 Vertebroplasty, 323–324, **324**  
 Vertigo, 210–211  
 Vestibular system, 210–212, **212**  
 peripheral, **219**  
 Vestibular testing, 211, **212**  
 Veterans Affairs, 413  
 Veterans Affairs Medical Center, 283  
 Veterans Health Administration, 355  
 Video-assisted thoracic surgery (VATS)  
 for empyema, 123  
 for lobectomy, **121**  
 for lung cancer, 120–121  
 Vinorelbine, for lung cancer, 114  
 Vision  
 distance testing, 187  
 low, 179, 193, **193**  
 and outcomes, 178  
 stabilization or improvement of, **191**, **194**  
 Vision measures, **410**  
 Vision screening, 63, 186–187, **195**  
 mandatory, **185**  
 recommendations for, **187**  
 Visual acuity testing, 187  
 Visual Function Index, 188  
 Visual-functioning index (VF-7), 179  
 Visual Functioning Scale (VF-14), 180, 188,  
 190

## Visual loss

- assessment of, 178–180, **180**
- and dementia, 183, **183**
- and depression, 182–183, **183**
- and driving performance, 184–186, **185–186**
- and falls, 180–181, **181**
- functional, **195**
- and hearing loss, 182
- intervention methods, **194**
- and length of hospital stay, 186, **186**
- and loss of independence or decreases in overall function, **184**
- measures and levels of, 178–179
- measuring impact on functional ability, 179–180
- measuring impact on visual function, 179
- moderate, 193
- outcome measures, **194**
- and overall function, 184
- scope of the problem, 178
- and specific geriatric conditions, 180–186
- timing for intervention, **194**
- types associated with depression, **183**
- Visual measures, **194**
- Visual rehabilitation, **410**
- Vitamin D supplements, 252–253, **253**
- Voice changes with aging, 215–216
- Voice disorders, **216**
- Vulnerable elderly subgroups, **416**
- Vulvar cancer, 233, **234**
- Vulvovaginal conditions, 232–234, **233, 234**

**W**

- Warfarin, for DVT prophylaxis, 311
- WHI. *See* Women's Health Initiative
- Women's health
  - androgen replacement, **235**
  - estrogen replacement therapy, 241–249
  - gynecology, 225–267
  - Iowa Women's Health Study, 243
  - optimal time for calcium supplements, **253**
  - osteoporosis, 250–254
  - routine care of well elderly women, 236–241
  - sexuality, 234–236, **235, 236**
  - urogenital health, 228–236, **233**
- Women's Health Initiative (WHI), 243, 244
  - Memory Study, 246
- World Health Organization, 272–273, 275
  - conceptual framework for disability, 339
- Wound complications, 161, **161**
- Wound healing, 377–380, **379**
- Wound infection, postoperative, **27**
- Wrist fractures, 318, 322–323, **323**
  - literature review methods, 304
- Wrist range of motion and strength necessary for ADLs, **323**

**X**

- Xerostomia, 214–215

**Z**

- Zoster, acute, **37**